

LA  
SU
 SULJETTU  
SULJETTU

| A,B,C = Jaetun hallin osat |           |         |         | D= Kunto- ja voimailusali |         |         |         |         |             | SU     |        |    |         |         |         |         |           |         |         |         |          |         |         |         |           | SULETTU |         |         |  |
|----------------------------|-----------|---------|---------|---------------------------|---------|---------|---------|---------|-------------|--------|--------|----|---------|---------|---------|---------|-----------|---------|---------|---------|----------|---------|---------|---------|-----------|---------|---------|---------|--|
| KLO                        | Maanantai |         |         |                           | Tiistai |         |         |         | Keskiviikko |        |        |    | Torstai |         |         |         | Perjantai |         |         |         | Lauantai |         |         |         | Sunnuntai |         |         |         |  |
|                            | A         | B       | C       | D                         | A       | B       | C       | D       | A           | B      | C      | D  | A       | B       | C       | D       | A         | B       | C       | D       | A        | B       | C       | D       | A         | B       | C       | D       |  |
| 8.00-8.30                  |           |         |         |                           | YK      | YK      |         |         | YK          |        |        |    |         |         |         |         |           |         |         |         |          |         |         |         |           |         |         |         |  |
| 8.30-9.00                  |           |         |         |                           | YK      | YK      |         |         | YK          |        |        |    |         |         |         | KO      |           |         |         |         |          |         |         |         |           |         |         |         |  |
| 9.00-9.30                  |           |         |         |                           | KO      | KO      |         |         | YK          | KO     | KO     |    |         |         |         | KO      |           |         |         |         |          | RO      | RO      | RO      |           |         |         |         |  |
| 9.30-10.00                 |           |         |         | ToimK<br>ToimK            | KO      | KO      |         |         | YK          | KO     | KO     |    |         |         |         | KO      |           |         |         |         |          | RO      | RO      | RO      |           | HI      | HI      | HI      |  |
| 10.00-10.30                | YK        | YK      |         |                           |         |         |         | KO      | YK          | YK     |        |    |         |         |         |         | KO        |         |         |         |          | RO      | RO      | RO      |           | HI      | HI      | HI      |  |
| 10.30-11.00                | YK        | YK      |         |                           |         |         | KO      | YK      | YK          |        |        |    |         |         |         | KO      |           |         |         |         | RO       | RO      | RO      |         | HI        | HI      | HI      |         |  |
| 11.00-11.30                | YK        | YK      |         |                           | YK      | YK      |         | KO      | YK          | YK     |        |    |         |         |         | KO      |           |         |         |         |          |         |         |         | HI        | HI      | HI      |         |  |
| 11.30-12.00                | YK        | YK      |         |                           | YK      | YK      |         |         | YK          | YK     |        |    |         |         |         |         |           |         |         |         |          |         |         |         | JP        | JP      | JP      |         |  |
| 12.00-12.30                | YK        | YK      |         |                           | YK      | YK      |         |         | YK          | YK     |        |    | YK      | YK      |         |         | YK        | YK      |         |         |          | FC P 11 | FC P 11 | FC P 11 |           | JP      | JP      | JP      |  |
| 12.30-13.00                | YK        | YK      |         |                           | YK      | YK      |         |         | YK          | YK     |        |    | YK      | YK      |         |         | YK        | YK      |         |         |          | FC P 11 | FC P 11 | FC P 11 |           | JP      | JP      | JP      |  |
| 13.00-13.30                | YK        | YK      |         |                           | YK      | YK      |         |         | YK          | YK     |        |    | YK      | YK      |         |         | YK        | YK      |         |         |          | FC P 11 | FC P 11 | FC P 11 |           | Latu    | Latu    | Latu    |  |
| 13.30-14.00                | YK        | YK      |         |                           | YK      | YK      |         |         | YK          | YK     |        |    | YK      | YK      |         |         | YK        | YK      |         |         |          | MS      | MS      | MS      |           | Latu    | Latu    | Latu    |  |
| 14.00-14.30                | RO        | RO      | RO      |                           | LU      | LU      |         |         | FC P11      | FC P11 | FC P11 |    |         | LU      | LU      |         | SB a-a    | SB a-a  | SB a-a  |         |          | MS      | MS      | MS      |           | Latu    | Latu    | Latu    |  |
| 14.30-15.00                | RO        | RO      | RO      |                           | LU      | LU      |         | NKS/7-9 | FC P11      | FC P11 | FC P11 |    |         | LU      | LU      |         | SB a-a    | SB a-a  | SB a-a  |         |          | MS      | MS      | MS      |           | FC P11  | FC P11  | FC P11  |  |
| 15.00-15.30                | RO        | RO      | RO      |                           | LU      | LU      | FC P11  | NKS/7-9 | FC P11      | FC P11 | FC P11 |    |         | LU      | LU      |         | SB yal    | SB yal  | SB yal  |         |          | MS      | MS      | MS      |           | FC P11  | FC P11  | FC P11  |  |
| 15.30-16.00                |           | PT      |         |                           | FC P11  | FC P11  | FC P11  |         | FC P11      | FC P11 | FC P11 |    | NM/7-9  |         |         |         | SB yal    | SB yal  | SB yal  |         |          |         |         |         |           | FC P11  | FC P11  | FC P11  |  |
| 16.00-16.30                | KO        | PT      |         |                           | FC P11  | FC P11  | FC P11  |         | FC 0-6      | FC 0-6 | FC 0-6 |    | NM/7-9  |         |         | KO      |           |         |         |         |          | KK      | KK      | KK      |           | FC M    | FC M    | FC M    |  |
| 16.30-17.00                | KO        | pesisk. | pesisk. |                           | Pesis E | Pesis E | Pesis E | ILO     | FC 0-6      | FC 0-6 | FC 0-6 |    |         | Pesis D | Pesis D | Pesis D | KO        | MLL     | MLL     | MLL     |          | KK      | KK      | KK      |           | FC M    | FC M    | FC M    |  |
| 17.00-17.30                | KO        | pesisk. | pesisk. |                           | Pesis E | Pesis E | Pesis E | ILO     | LSähly      | LSähly | LSähly |    |         | Pesis D | Pesis D | Pesis D | KO        | MLL     | MLL     | MLL     |          | KK      | KK      | KK      |           | FC M    | FC M    | FC M    |  |
| 17.30-18.00                | KO        | pesisk. | pesisk. |                           | Pesis E | Pesis E | Pesis E |         | LSähly      | LSähly | LSähly | KO |         | Pesis D | Pesis D | Pesis D |           | MLL     | MLL     | MLL     |          | KK      | KK      | KK      |           | FC M    | FC M    | FC M    |  |
| 18.00-18.30                | KO        | KO      | JR      |                           | Pesis C | Pesis C | Pesis C |         | FC M        | FC M   | FC M   | KO |         | RH      | RH      | RH      |           | Pesis C | Pesis C | Pesis C |          | ML      | ML      | ML      |           | Pesis D | Pesis D | Pesis D |  |
| 18.30-19.00                | KO        | KO      | JR      |                           | Pesis C | Pesis C | Pesis C |         | FC M        | FC M   | FC M   | KO |         | RH      | RH      | RH      |           | Pesis C | Pesis C | Pesis C |          | ML      | ML      | ML      |           | Pesis D | Pesis D | Pesis D |  |
| 19.00-19.30                | TK        | TK      | TK      |                           | Pesis C | Pesis C | Pesis C |         | FC M        | FC M   | FC M   | KO |         | RH      | RH      | RH      |           | Pesis C | Pesis C | Pesis C |          | ML      | ML      | ML      |           | Pesis D | Pesis D | Pesis D |  |
| 19.30-20.00                | TK        | TK      | TK      |                           | Lady-P  | Lady-P  | Lady-P  |         | FC M        | FC M   | FC M   |    |         | SK      | SK      | SK      |           |         | IISu    | IISu    |          |         | IISu    | IISu    |           | PS      | PS      | PS      |  |
| 20.00-20.30                | TK        | TK      | TK      |                           | Lady-P  | Lady-P  | Lady-P  |         | TR          |        |        |    |         | SK      | SK      | SK      |           |         | IISu    | IISu    |          |         | IISu    | IISu    |           | PS      | PS      | PS      |  |
| 20.30-21.00                | TK        | TK      | TK      |                           | Lady-P  | Lady-P  | Lady-P  |         | TR          |        |        |    |         | SK      | SK      | SK      |           |         | IISu    | IISu    |          |         | IISu    | IISu    |           | PS      | PS      | PS      |  |

- NKS/7-9 HSM Ilomantsi, 7-9 lk nuorten kuntosali  
 NM/7-9 HSM Ilomantsi, 7-9 lk nuorten monilaji  
 LUKIO 25.9.25 - 13.2.26  
 LUKIO 25.11.25 - 30.5.26  
 YK Pogostan koulu  
 KO kansalaisopisto
- FC P11 jalkapallo  
 FC 0-6 jalkapallokерho  
 FC M jalkapallo, miehet  
 SB a-a salibandy, alakouluikäiset  
 SB yal salibandy, yläkoulu- ja lukioikäiset  
 Latu Pogostan Latu, lentopallo
- MLL Terhokerho  
 TK tennis  
 RO tennis  
 RH sähkö  
 SK tennis  
 MS sulkapallo
- KK tennis  
 ML pallopelit  
 HI lentopallo  
 JP pallopelit  
 PS sulkapallo  
 JR sulkapallo
- ToimK Toimintakeskus, kuntosali  
 ILO Ilo-yhdistys, kuntosali  
 PT sulkapallo  
 TR sulkapallo  
 IISu sulkapallo